



Is there a **MOUSE** in the house?

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Healthy Living Tips From Chuck E. Cheese

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Helpful Resources

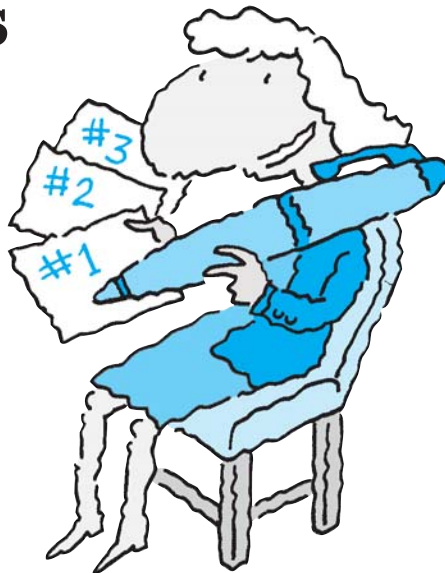
Did you know you have help for virtually any problem at your fingertips at no charge?

The employee assistance program (EAP) through Health Management Systems of America is just that! What problems does the EAP address? Emotional and mental health, financial, work-related, marital, family and substance abuse. Not only is it available to you, but also to your spouse and dependent children. You can reach the EAP 24 hours a day, 7 days a week at (800) 767-5320 and it is completely confidential.

Another resource available is if you are enrolled in CEC Medical Plan with United HealthCare, you can access the United HealthCare EAP through Care 24 at (888) 887-4114. This is also available 24 hours a day, 7 days a week.

If you need a brochure for either Health Management Systems of America or Care 24, please contact the Benefit Department (5463 or 5496).

If you are enrolled with United HealthCare and are expecting a baby, United HealthCare has the Healthy Pregnancy Program. The features include: pregnancy assessment to identify your special needs, identification of pregnancy risk factors and enhanced care needs, 24-hour toll-free access to experienced nurses, and customized maternity educational materials. To enroll, simply



call 800-411-7984 Monday– Thursday, 8 am–11 pm; Friday, 8 am–8 pm; Saturday, 8 am–5 pm (all times are Central Standard Time).

FLEXIBLE SPENDING ACCOUNT

If you were enrolled in the Flexible Spending Account in 2006, you can submit claims up to March 31, 2007. Remember, most over-the-counter drugs are reimbursable through your Flexible Spending Account as well! If you need a claim form, visit www.TaxSaverPlan.com to print one.

401(k) NEWS

The 401(k) company match will be on your first quarter Prudential statement. You should receive your first quarter statement by mid-April. The match is tenured-based and is as follows:

- **1–9 years of employment**
25% of the first 4% that you contribute
- **10–19 years of employment**
50% of the first 4% that you contribute
- **20+ years of employment**
100% of the first 4% that you contribute

If you want to maximize the company match for 2007, you may want to increase what you're contributing to your 401(k).

Don't forget, 401(k) enrollments are held at the end of each quarter for the next quarter! The next enrollment will be held from March 5, 2007 to March 30, 2007 for an April 1st effective date.

